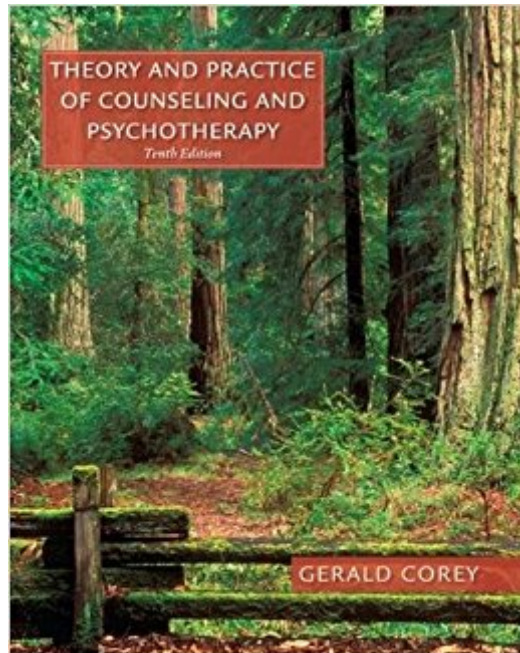




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# Theory And Practice Of Counseling And Psychotherapy



## Synopsis

Incorporating the thinking, feeling, and behaving dimensions of human experience, the tenth edition of Corey's best-selling book helps students compare and contrast the therapeutic models expressed in counseling theories. Corey introduces students to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, postmodern, and integrative approaches) and demonstrates how each theory can be applied to two cases ("Stan" and "Gwen"). With his trademark style, he shows students how to apply theories in practice, and helps them learn to integrate the theories into an individualized counseling style.

## Book Information

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Best Sellers Rank: #309 in Books (See Top 100 in Books) #1 in Books > Medical Books > Psychology > Counseling #1 in Books > Textbooks > Social Sciences > Psychology > Psychotherapy #1 in Books > Textbooks > Education > Counseling

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Examples to Illustrate Techniques All theory chapters are honed and updated, some with new clinical examples to illustrate techniques. New, revised, or expanded topics include relational psychoanalysis, the role of countertransference, (Ch. 4); Adlerian Therapy, assessment and diagnosis, new examples that bring Adlerian concepts to life reorientation and encouragement process (ch.5); international developments of existential therapy, the main aims of existential therapy (Ch. 6); clients as active self-healers, motivational interviewing, emotion-focused therapy (Ch. 7); therapist presence and the therapeutic relationship in Gestalt therapy, and the contemporary relational approach to Gestalt practice (Ch. 8). Develop Your Personalized Counseling Style A framework for creatively synthesizing the therapeutic models, along with

step-by-step guidelines, enhances the book's focus on helping students draw from the various theoretical models to develop a personalized counseling style. **Prepare for The Realities of Practice** Corey's discussion of current ethical and professional issues facing counseling and human service professionals prepares students for the realities of practice. The chapter on ethics features the revised ACA 2014 Code of Ethics. **Design Your Own Integrative Approach to Counseling Practice** A concluding chapter shows students how to integrate the various theories and how to design their own integrative approach to counseling practice. The cases of Stan and Gwen are illustrated with the therapists working from an integrative perspective. Summary charts allow for comparisons among the theories. New and expanded topics include the central role of the client in determining therapy outcomes, the case for practice-based evidence rather than evidence-based practice, and the trend toward accountability in counseling.

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[View larger](#) 40 students demoed MindTap Psychology at Diablo Valley College. 97% of students agree having MindTap would help them excel in their Psychology course. 100% of students believe the Learning Path will help them learn foundations and think critically.

Students like Gerald Corey's ability to clearly explain complex concepts but the instructor can also be assured that Theory and Practice of Counseling and Psychotherapy is the most up-to-date theories text available. Corey continues to stay on the cutting edge. He does this through his own

research and conversations with the key experts in each theoretical system."

Gerald Corey is Professor Emeritus of Human Services and Counseling at California State University at Fullerton. He received his doctorate in counseling from the University of Southern California. He is a Diplomate in Counseling Psychology, American Board of Professional Psychology; a licensed psychologist; and a National Certified Counselor. He is a Fellow of the American Psychological Association (Division 17, Counseling Psychology; and Division 49, Group Psychotherapy); a Fellow of the American Counseling Association; and a Fellow of the Association for Specialists in Group Work. Both Jerry and Marianne Corey received the Lifetime Achievement Award from the American Mental Health Counselors Association in 2011, and both also received the Eminent Career Award from ASGW in 2001. Dr. Jerry Corey was given the Outstanding Professor of the Year Award from California State University at Fullerton in 1991. He regularly teaches both undergraduate and graduate courses in group counseling and ethics in counseling. He is the author or coauthor of 15 textbooks in counseling currently in print, along with more than 60 journal articles and book chapters.

This was perfect for my class and was in great condition. I found it was very informative and touched enough on the theories that I gained a broad understanding of the history and application of each one.

I actually am enjoying this book. The case study of Stan has been so helpful to follow along and see various techniques used. I did find it distracting and irritating for the author to constantly suggest skipping around and reading later chapter's before earlier ones. Seems they should have simply organized it in a way that didnt require skipping around.

This book is great. It arrived fast and it is written in a way that it is easy to stay focused and engaged in. The way the author organized this book is brilliant, all in order of 11 different types of theories. I highly recommend this book.

Same book but wrong cover. MUCH less money for the exact same thing. Did come from India however which I didn't expect.

I found this to be an excellent resource of information, particularly the various therapeutic

approaches. However, I was extremely disappointed that I had ordered via my Kindle rather than hard copy. The charts provided in the book are not legible in the Kindle edition and for \$80+, I felt cheated from crucial study material contained in the compact format of the various charts.

Great price - no problems with the book. The only difference between this and my classmates books was mine was in black and white, the color was green instead of that pink-ish color and it was paperback ---- oh - and like 80 bucks cheaper!

i'm studying for a master's in counseling degree. i won't keep all my books, but i will hold on to this one. if you simply MUST have the "case of stan" DVD, then i'm afraid you'll have to look for that package specifically, and purchase it new. my professor stressed we needed to buy dvd. however, you can find a good portion of the stan role plays on youtube. (btw, the new one with dvd is about \$195). i didn't want to pay that much, so went with this one. and it has done the job just fine. in the book, at the end of the chapters, there is even a discussion of dr. corey's sessions with stan (a recap of what was on the dvd). i have had no problem. only two weeks remain in the course and i have a high "a" average.

i didn't get much out of this book. i had to use materials from my other grad level classes to understand most of the material. the reading is extremely dense and will put you to sleep

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